WINE AND DISCUSSION

The most stimulating part of a dinner party was called a symposium. This was when the food was cleared away and the guests concentrated on serious conversation. The discussions usually covered weighty topics, such as politics, philosophy or morals. They drank wine, which was mixed with water in a large vase called a krater and then ladled into cups. Three offerings of wine, known as bations, were made to the gods before the guests

A kithara, an elaborate stringed instrument rather like a lyre, and a timpanon, an early tambourine

MUSIC, POETRY AND DANCING

The symposium was usually a solemn occasion, but at some dinner parties this part of the evening was much more relaxed. Guests sometimes played musical instruments, sang songs, recited poems or told jokes. At some parties, professional dancers, musicians and acrobats were hired to amuse the guests.

GAMES

Although most Greeks
worked very hard, they
seem to have had time to
play games. Several board
games, similar to chess,
were popular. Apart from the
athletic competitions (see
page 228), the Greeks also
played more informal sports,
including a type of hockey,
using a ball and sticks.

Some people also enjoyed cruel sports, such as cat or dog fights. Games such as dice, or knuckle-bones, in which small animal bones were thrown like dice, were played at home or in special gaming houses.

